

IUD INSERTION CHECKLIST

PATIENT SELECTION / INFORMED CONSENT

- Determine if patient is an appropriate candidate, screen for contraindications
- Discuss risks, benefits and possible side effects of IUDs
- Discuss selection of type of IUD
- Provide anticipatory guidance regarding insertion procedure and pain
- Reasonably rule out pregnancy
- Obtain written informed consent

SUPPLY LIST

- Gloves
- Speculum
- Light source
- Antiseptic
- Tenaculum
- Sound
- Scissors
- IUD in sterile packaging
- For removal: ring or packing forceps



PLACEMENT AND REMOVAL TECHNIQUE

- Pelvic exam
- Pap and STI screening, as indicated
- Cleansing of cervix
- Apply tenaculum
- Sound uterus
- Open package and load IUD into inserter tube
- Deploy IUD in uterus
- Trim strings
- Remove instruments and observe for vasovagal reaction
- For removal: grasp strings with forceps and remove IUD with gentle but steady traction